Fresh, Healthy, Good Food Every Day!

(HHFKA) Healthy Hunger Free Kids Act

Menu Includes Fresh Vegetables Daily & 4 Fresh Fruits Each Week

April 2014 K-8 Main w Salad Bar Menu

Week 1	Monday	Tuesday - 1	Wednesday - 2	Thursday - 3	Friday - 4
Hot Lunch		**Meatballs & Gravy** Real Mashed Potatoes Fresh Bakery Roll Salad Bar Week 1 Banana	**Chicken Ranch Wrap** Whole Wheat Tortilla Shredded Lettuce Salad Bar Week 1 Fresh Apple	**Taco Rice Bowl** Brown Rice Shredded Cheese, Fresh Cilantro Taco & Sour Cream Sauce Salad Bar Week 1 Fresh Orange	**Fresh, Hot, Pizza Hut Pizza** Salad Bar Week 1 Cheddar Goldfish Fresh Apple
Week 2	**Monday - 7**	**Tuesday - 8**	**Wednesday - 9**	**Thursday - 10**	**Friday - 11**
Hot Lunch	**Chicken Nuggets** Salad Bar Week 2 Croutons Chilled Pineapple	**Asian Chicken Wrap** Salad Bar Week 2 Banana	**Meatloaf w/ Gravy** Real Mashed Potatoes Fresh Bakery Roll Salad Bar Week 2 Fresh Apple	**Parmesan Chicken Filet** Sicily Pasta Salad Bar Week 2 Fresh Orange	**Fresh, Hot, Pizza Hut Pizza** Salad Bar Week 2 Fresh Apple Animal Crackers
Week 3	**Monday - 14**	**Tuesday - 15**	**Wednesday - 16**	**Thursday - 17**	**Friday - 18**
Hot Lunch	**No School - Spring Break** **No hay escuela - Vacaciones de Primavera**	**No School - Spring Break** **No hay escuela - Vacaciones de Primavera**	**No School - Spring Break** **No hay escuela - Vacaciones de Primavera**	**No School - Spring Break** **No hay escuela - Vacaciones de Primavera**	**No School - Spring Break** **No hay escuela - Vacaciones de Primavera**
Week 4	**Monday - 21**	**Tuesday - 22**	**Wednesday - 23**	**Thursday - 24**	**Friday - 25**
Hot Lunch	**Hot Dog** Ketchup & Mustard Salad Bar Week 4 Kickin Ranch Goldfish Chilled Pineapple	**Chicken & Potato Pilaf** Salad Bar Week 4 Banana Vanilla Goldfish Cookies	**Chicken Tenders** Ketchup Salad Bar Week 4 Kickin Ranch Goldfish Fresh Apple	**Hamburger** Shredded Lettuce Dill Pickles, Ketchup & Mustard Salad Bar Week 4 Cheddar Goldfish Fresh Orange	**Fresh, Hot, Pizza Hut Pizza** Salad Bar Week 4 Fresh Apple
Week 5	**Monday - 28**	**Tuesday - 29**	**Wednesday - 30**	**Thursday**	**Friday**
Hot Lunch	**Turkey Ham & Cheese on WW Bread** Salad Bar Week 5 Chilled Pineapple	**Turkey Ham & Cheese on WW Bread** Salad Bar Week 5 Banana	**Beef & Potato Wrap** Taco Sauce & Sour Cream Sauce Salad Bar Week 5 Ranch Dressing Fresh Apple		

Milk is served with lunch each day
Menu is subject to infrequent change.

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

CKC does NOT use any pork products.

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