Fresh, Healthy, Good Food Every Day!

(HHFKA) Healthy Hunger Free Kids Act

Menu Includes Fresh Vegetables Daily & 4 Fresh Fruits Each Week

March 2014 K-8 Main w Salad Bar Menu

Week 1	Monday - 3	Tuesday - 4	Wednesday - 5	Thursday - 6	Friday - 7
Hot Lunch	**Chicken Nuggets** Salad Bar Week 2 Chilled Pineapple Kickin Ranch Goldfish	**Asian Chicken Wrap** Salad Bar Week 2 Mandarin Oranges	**Meatloaf w/ Gravy** Real Mashed Potatoes Fresh Bakery Roll Salad Bar Week 2 Fresh Apple	**Parmesan Chicken Filet** Sicily Pasta Fresh Bakery Roll Salad Bar Week 2 Fresh Orange	**Grilled Mozzarella Sandwich** Marinara Sauce Salad Bar Week 2 Fresh Apple
Week 2	**Monday - 10**	**Tuesday - 11**	**Wednesday - 12**	**Thursday - 13**	**Friday - 14**
Hot Lunch	**Walking Taco w/ Nacho Chips** Salad Bar Week 3 Fresh Cilantro Taco Sauce Chilled Pineapple	**Beef & Rice Palou** Salad Bar Week 3 Banana Cheddar Goldfish	**Mild Buffalo Chicken Sandwich** Salad Bar Week 3 Fresh Apple Pretzel Goldfish	**Firecracker Chicken Drummy** Real Mashed Potatoes Salad Bar Week 3 Croutons Fresh Orange	**Cardoza Chicken Wrap** Salad Bar Week 3 Fresh Apple
Week 3	**Monday - 17**	**Tuesday - 18**	**Wednesday - 19**	**Thursday - 20**	**Friday - 21**
Hot Lunch	**Hot Dog** Ketchup & Mustard Salad Bar Week 4 Chilled Pineapple Kickin Ranch Goldfish	**Chicken & Potato Pilaf** Salad Bar Week 4 Banana	**Chicken Tenders** Ketchup Sweet Potato Cubes Salad Bar Week 4 Fresh Apple	**Hamburger** Dill Pickles, Ketchup & Mustard Salad Bar Week 4 Fresh Orange	**Golden Chicken Patty Sandwich** Mayonnaise Salad Bar Week 4 Croutons Fresh Apple
Week 4	**Monday - 24**	**Tuesday - 25**	**Wednesday - 26**	**Thursday - 27**	**Friday - 28**
Hot Lunch	**Roast Turkey Croissant Sandwich** Mayonnaise Salad Bar Week 5 Chilled Pineapple Kickin Ranch Goldfish	**Roast Turkey Croissant Sandwich** Mayonnaise Salad Bar Week 5 Banana Vanilla Goldfish Cookies	**Half Day - Bag lunches** **Medio Día - Lonches en bolsa**	**No School - Staff Development Day** **No hay clases-Desarrollo de Personal**	**No School - Conferences** **No hay clases - Conferencias**
Week 5	**Monday - 31**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Hot Lunch	**Chicken Queso Nacho** Tortilla Chips Salad Bar Week 1 Chilled Pineapple				

Milk is served with lunch each day
Menu is subject to infrequent change.

Questions? Call 651-453-1136 or visit our website at www.ckcgoodfood.com

CKC does NOT use any pork products.

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